

2020-2021 Schedule of Classes

Children's & Open Division

*Subject to change due to teacher availability and class size needs.

Children's Division

Creative Dance (Age 3-4 by September 2021)

Mon 4:30-5:15 PM (Student Showcase Performing Class)

And/Or

Sat 9:00-9:45 AM (Student Showcase Performing Class)

Pre-Ballet A/B (Age 5 by January 1, 2022)

Sat 9:45-10:30 (Student Showcase Performing Class)

Pre Ballet B (Kindergarten 2021)

Mon 5:15-6:00 PM (Student Showcase Performing Class)

Open Division

DANCERS MUST BE ENROLLED IN ATLEAST ONE BALLET TECHNIQUE CLASS TO ADDITIONALLY ENROLL IN: Modern, Musical Theater, Contemporary, Stretch & Strengthening or Progressive Ballet Technique. DANCERS MUST IN A MINIMUM OF TWO BALLET TECHNIQUE CLASSES AND STRETCH AND STRENGTHENING TO BE ENROLLED IN: Pointe 2/3

Ballet 1a (Register Through Pre Pro Division, 1st Grade and up)

Mon 6:00-7:00 PM (Student Showcase Performing Class)

And/Or

Thur 5:00-6:00 PM (Student Showcase Performing Class)

Ballet 1b/1b+ (Register Through Pre Pro Division)

Fri 5:00-6:30 PM (Student Showcase Performing Class)

Open Division Ballet 2A

Tue 6:30-8:00 PM Technique (Student Showcase Performing Class)

Wed 5:00-6:00 1b+/2A Contemporary (Showcase Performing Class)

Wed 6:00-7:00 1b-3 Stretch & Strengthening/Pre Pointe/Foot Conditioning

Thu 6:00-7:30 Technique

Open Division Ballet 2B

Mon 5:00-6:00 2/3 Modern (Showcase Performing Class)
Tue 6:00-7:30 Technique
Wed 6:00-7:00 Stretch & Strengthening/Pre Pointe/Foot Conditioning
Wed 7:00-8:00 2B/3 Contemporary (Showcase Performing Class)
Thu 6:00-7:30 Technique
Thu 7:30-8:30 Pointe 2/3 (Showcase Performing Class)
Sat 9:30-10:30 2B/3O Musical Theater (Showcase Performing Class)
Sat 10:30-12:00 Technique

Open Division Ballet 3

Mon 5:00-6:00 2/3 Modern (Showcase Performing Class)
Tue 6:00-7:30 Technique
Wed 6:00-7:00 2/3 Stretch & Strengthening/Pre Pointe/Foot Conditioning
Wed 7:00-8:00 2/3 Contemporary (Showcase Performing Class)
Thu 6:00-7:30 Technique
Thu 7:30-8:30 Pointe 3 (Showcase Performing Class)
Sat 9:30-10:30 2B/3O Musical Theater (Showcase Performing Class)
Sat 10:30-12:00 Technique

Open Division Ballet 4

Mon 4:30-6:00 Technique
Mon 6:00-7:00 4-5 Pointe
Mon 7:00-8:00 4-5 Modern
Wed 5:30-7:00 Technique
Wed 7:00-8:00 4/5 Stretch and Strengthening
Wed 8:00-9:00 4/5 Contemporary

Fri 4:30-5:30 Progressing Ballet Technique

Sat 9:00-10:00 4/5 Character

Sat 10:00-11:30 Technique

Sat 11:30-12:30 3/4/5 Musical Theater (Showcase Performing Class)

Sat 12:30-1:30 4-5 Variations * may be asked to work in technique shoes vs. pointe (Showcase Performing Class)

Open Division Ballet 5

Mon 4:30-6:00 Technique

Mon 6:00-7:00 4-5 Pointe

Mon 7:00-8:00 4-5 Modern

Tue 4:30-6:00 Technique

Wed 5:30-7:00 Technique

Wed 7:00-8:00 4/5 Stretch and Strengthening

Wed 8:00-9:00 4/5 Contemporary

Thu 4:30-6:00 Technique

Fri 4:30-5:30 Progressing Ballet Technique

Fri 5:30-7:00 Technique

Sat 9:00-10:00 4/5 Character

Sat 10:00-11:30 Technique

Sat 11:30-12:30 3/4/5 Musical Theater (Showcase Performing Class)

Sat 12:30-1:30 4-5 Variations * may be asked to work in technique shoes vs. pointe (Showcase Performing Class)

Open Division Ballet 6

Mon 6:00-7:00 Adv Modern

Mon 7:00-8:30 Technique

Tue 4:30-6:00	Technique
Tue 6:00-7:00	Adv Pointe
Wed 4:30-6:00	Technique
Wed 6:00-7:00	Adv Contemporary
Thu 4:30-6:00	Technique
Thu 6:00-7:00	Adv Character
Thu 7:00-8:00	Stretch and Strengthening
Fri 4:30-5:30	Progressing Ballet Technique
Fri 5:30-7:00	Technique
Sat 10:30-11:30	Adv Musical Theater Dance
Sat 11:30-1:00	Technique
Sat 1:00-2:00	Adv Variations

Adult Classes

Adult Ballet

TBD *Please fill out an email contact form to express interest with favorable day/times.

2020-2021 Schedule of Classes

Pre Professional

*Subject to change due to teacher availability and class size needs.

*ALL class listed for the levels 1b and above are required, unless noted as “*Optional.*” Students must elect to register for the additional optional class/classes. They are not included in level tuition quote. While not required, optional classes are highly recommended for faster progress. Optional classes are not to be exchanged for required level classes. Please use the “2021-2022 Pre Pro Division” for registering. Registration is for one season. Payment plans are available.

Ballet 1a/ Pre Professional 1a (1hr)

Mon 6:00-7:00 Technique

Or

Thu 5:00-6:00 Technique

Optional Classes

Fri 6:30-7:30 Stretch & Strengthening/Pre Pointe/Foot Conditioning

Pre Professional 1b (1.5 hr)

Required

Fri 5:00-6:30 Technique

Optional Classes

Wed 6:00-7:00 Stretch & Strengthening/Pre Pointe/Foot Conditioning

Wed 7:00-8:30 Technique

Fri 6:30-7:30 Stretch & Strengthening/Pre Pointe/Foot Conditioning

Pre Professional 1b+ (4 hr)

Required

Required

Tue 5:00-6:30 Technique

Wed 6:00-7:00 Stretch & Strengthening/Pre Pointe/Foot Conditioning

Wed 7:00-8:30 Technique

Optional Classes

Wed 5:00-6:00 1b+/2a Contemporary